



FOR IMMEDIATE RELEASE

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MILLSTREAM UPDATES PROGRESS AT ITS TAMARACK GOLD PROPERTY

Toronto, Ontario, Millstream Mines Ltd. (MLM - TSX-V) wishes to report that while driving a decline (-10%) from surface to investigate underground the previously reported gold intervals (see PR Oct. 31, 2006), Millstream personnel encountered a new zone of mineralization in advance of reaching the target area. At the contact point, the mineralization is two feet in width and dips at a 65° angle. It is primarily made up of chalcopyrite, chalcocite, and galena. A channel sample across the width of the zone at this point returned the following assay values:

	Au (oz/ton)	Ag (oz/ton)	Cu (%)	Pb (%)
Tamarack New Zone Channel	0.453	1.31	2.26	0.046

Millstream continues to advance a drift towards the target area (as outlined by drill holes DDH 04-01 and TR-2) in order to access and further delineate the ore production potential from this discovered gold bearing structure.

The Tamarack Property is a high grade, former gold producer in the Tobacco Root Mountains, Madison County, Montana consisting of six (6) patented claims and a further unpatented claim block tying in all claims and making them contiguous. The Tamarack Property is accessible year round, 4 miles from the town of Sheridan, on a maintained gravel road.

Management has reviewed this report and press release with the company's consultant Phil A. Brown, P.Geol, who is the designated qualified person for the property.

The principle objective of Millstream Mines Ltd. is to enhance and develop known mineral properties to production potential.

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No regulatory authority or similar body approved nor disapproved the information contained herein.