

TSX Venture Exchange
Symbol **MLM**

Frankfurt Exchange
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63,051,707 SHARES ISSUED



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FOR IMMEDIATE RELEASE

Date: Mar. 26, '08
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MILLSTREAM CUTS 29.88% LEAD AND 19.42 oz SILVER PER TON IN UNDERGROUND DRIFT AT TAMARACK GOLD PROPERTY

Toronto, Ontario, Millstream Mines Ltd. (MLM -TSX-V; NJD - Frankfurt) is pleased to announce its Tamarack Gold Property appears to have the potential for a polymetallic mineral deposit. At the Lead-Zinc vein intersection (see PR March 11, 2008), a horizontal channel chip sample was taken across a 2 ft. wide section of the drift face (heading is 5ft. wide x 8ft. high) that returned assays of 29.88% lead, 19.42 opt silver, 0.120 opt gold, and 0.609% zinc.

The drift following the vein is being advanced and to date it has confirmed that the high grade Lead-Zinc section both persists and remains strong. Currently, the vein has been followed for a distance of 12 feet in a southern direction from the surface decline. Additionally, there is a 2 ft. wide section (fault gouge) laying against the right side of the Lead-Zinc section that a horizontal sample across it returned assays of 0.308 opt gold, 0.24 opt silver, .069% lead and 0.203% zinc.

Sample preparation and analyses for this release were conducted by Norris Labs of Norris, Montana on samples supplied by Millstream. Phil Brown, P.Geo., consultant of Millstream, is the Qualified Person as described in National Instrument 43-101 for the Tamarack Gold Property. He has reviewed this report and press release with company management.

About Millstream Mines Ltd.:

Millstream Mines Ltd. is a Canadian-based mineral exploration company whose principle objective is to enhance and develop known mineral properties to production potential. The Company has active projects in the Province of Ontario, Canada and in the State of Montana, USA. The company's main focus continues to be the 100% owned Potter Mine Property. This past producing property is host to copper-zinc-cobalt "stacked" mineralized zones located in the highly prolific Abitibi Greenstone Belt and more specifically in the Kidd-Munro Assemblage near the town of Matheson in north eastern Ontario. It is the company's ambition to fulfill drilling requirements necessary to estimate a NI 43-101 compliant resource.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. Millstream seeks safe harbour with regard to forward looking statements.

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